

## **Wilderness Medical Training - Far From Help**

### **Faculty at the RGS/IBG 6<sup>th</sup> – 7<sup>th</sup> March 2010**

#### **Introduction**

Whilst the various letters, qualifications, publications and professional medical experience of WMT's instructors is certainly impressive, it is our team's enthusiasm to teach coupled with years of field experience and many dozens of real expeditions to their credit that makes them suitable for teaching Far From Help. We are sure they will inspire you and open your eyes to the fascinating subject of expedition medicine. Without reciting their CV's and full expedition track record, here are some highlights of the careers of the provisional instructors on the 2010 RGS programme. Other contributors may be confirmed subject to final delegate numbers.

*"I have attended many courses... but they lack the mix of skill sets that WMT has. Many thanks for a great course which certainly changed my career unexpectedly."*  
Iain Hay

#### **Dr Jon Dallimore MBBS (London) MSc MCEM MRCGP DCH DRCOG Dip. Mountain Med. FFTM (RCPS Glasgow) WMT Medical Director**

Jon has spent more than two years in the field on 25 expeditions as doctor and/or leader. These expeditions have varied from the jungles of Sulawesi, Belize, Thailand and Ecuador to the deserts of Sinai, Namibia and Kenya and to the high mountains of East Africa, the Arctic and the Himalayas. Jon completed the UIAA Diploma in Mountain Medicine in September 2004 and is now a UK executive faculty member. Jon has an MSc in travel medicine, is a member of the RGS medical cell and a contributing author and co-editor of the new Oxford Handbook of Wilderness and Expedition Medicine. In addition to his WMT commitments, Jon has developed a portfolio medical career, working as a staff grade doctor in the Emergency Department at Bristol Royal Infirmary, as a part-time GP and as an advisor to five expedition companies. Jon is also a lecturer at Bristol University and advises medical students on their overseas electives and is an ALS and ATLS instructor. Jon is an International Mountain Leader (IML) and a member of the Alpine Club.

#### **Dr Polly Jacobs BSc MB ChB MRCP MRCGP DFRSH**

Polly currently works as a GP in Wiltshire. Her overseas work has been wide and varied. She worked as an aero medical doctor for Cega Air Ambulance in 2004/2005. Polly has been an expedition doctor with Fulcrum since 2004 and completed expeditions to the Thar Desert & Ladakh and she has been the organisation's Medical Advisor since 2005. In her early career Polly worked with the Royal Flying Doctor Service, Queensland, Australia and whilst there she was involved in outreach clinic work in remote Aboriginal communities. Polly has also carried out medical voluntary work with a tribe of indigenous Guaymi Indians for the organisation 'Latin American Childcare Charity'. Polly is an accomplished musician and enjoys diving and sailing. She has travelled extensively in Europe, Asia, Africa, Australia, South and Central America.

**James Moore****RN BSc (Hons) Dip TN Dip TM (A)MFTM FRGS**

James is a Matron/Emergency Nurse Practitioner. He is an APLS & ALS instructor. He has worked as an expedition medic in Borneo, the Sinai, North and Central Africa and South America. He was part of a small relief operation in Sri Lanka after the Tsunami Disaster in 2004 and more recently provided medical cover for the BBC's Extreme Dreams Expedition, filmed in Papua New Guinea with Ben Fogle. He has qualifications in Tropical and Travel Medicine and consults for several expedition companies. James is a contributor to Oxford Handbook of Expedition and Wilderness Medicine and an Associate Member of the Faculty of Travel Medicine. James is WMT's most active associate and in '08 alone he has delivered private programmes for Hull and Leicester Universities, Cicada Films and the BBC Frozen Planet team as well as helping WMT deliver our summer Chamonix medics' conference and annual Morocco Mountain Medicine Expedition. James is equally comfortable in the mountains as he is in a jungle hammock. He is now stepping back from hospital work to develop a new business, Travel Health Consultancy. In the autumn of 2009 James is supporting a five week African film project with actress Joanna Lumley.

**Dr Tariq Qureshi****MA (Oxon) DPhil FRGS**

Tariq has been involved with WMT's courses since 1997 and is the Medical Officer for the Oxford University Exploration Club. His expeditions have included mountaineering in Iceland and mountaineering/sea-kayaking in and around Norway and Sweden. Tariq regularly teaches and assesses a wide range of first aid courses and over the last five years has developed an Advanced First Aid training programme within Oxford University. He is accredited as a tutor/examiner by the National Sports Medicine Institute and is a faculty member for the recently introduced "Acute Life-threatening Events Recognition and Treatment" (ALERT) course. Tariq is a contributing author to the Oxford Handbook of Expedition and Wilderness Medicine and he is currently working towards the Diploma in Mountain Medicine.

