

## Health and Safety for Field Researchers

### Risk Assessment Form

<b>Risk What is the risk ?</b>	<b>Why is this risk present, and what is the nature of the risk. Low / Moderate / Severe</b>	<b>What is the suggestion for reducing or removing the risk ?</b>	<b>How will this reduce or remove the risk ?</b>
<i>Tripping and ankle injury</i>	<i>The heather grows in tufts with gaps between. Moderate risk of ankle injury if care not taken to walk slowly. Risk increased by carrying fieldwork equipment.</i>	<i>Walk carefully. Wear decent walking boots. Don't carry too much fieldwork equipment.</i>	<i>Reducing chance of turning an ankle. Leaving hands free to steady self if there is a sudden trip or fall.</i>