The underrated West Sussex beach with huge grass area and pretty coastline

People can often be seen having BBQ’s and picnics on the grassy area near the shore

By Jasmine Carey
14:51, 14 APR 2023

The beach is just a stone’s throw from Worthing (Image: Google Maps/Streetview)
Sussex is home to an array of beautiful beaches known and loved by locals and visitors alike, with some of the most popular being near coastal holiday destinations such as Brighton and Eastbourne. While these more well-known beaches may seem more popular, and are often clogged with tourists during the summer months, there are plenty of other underrated beaches near to these popular coastal destinations that are like hidden gems.

Among these is Goring-By-Sea beach, adjoined with Ferring beach, which over the course of the summer months is usually fairly busy as locals pitch up for a day in the sun. Just a short five minute drive from Worthing, this beach area boasts an extensive shoreline, complete with plenty of on-road and off-parking, and a number of ice cream vans that pitch up in the summer too.

As well as being just a beach with your typical stones, sand and sea, the beach comes complete with a lovely and large grassy area, which is a big hit in the summer months. In addition to taking a dip in the sea, visitors to the beach can also enjoy lounging on the grass, with this area usually being a hotspot for picnics, BBQ's and games - especially football and rounders.

**READ MORE: [When and where the Red Arrows are flying over Sussex this year](#)**

As delightful as this is, people will also be pleased to know that shade is never too far away, with the beach also coming complete with a small woodland area, perfect for seeking shade or playing games. Often used for dog-walking, the woodland area is steps away from the grassland and is also a lovely place to go for a summer stroll.
With many people pitching up at the beach for the entire day, the area also has the added bonus of being a popular destination for ice cream vans, with one often just yards away from the next in the height of summer. And if this cold snack doesn't take your fancy, rest assured that the popular Sea Lane Cafe is just a short walk away, serving a mix of hot and cold food and beverages.

Nestled near Worthing, Goring - and Ferring - beach is often overlooked and underrated, despite it offering so much for visitors. Whether you fancy a dip in the sea, a run along the grass, some shade in the woodlands or a spot of ice cream, this beach seems to tick every box.